



Physical Fitness Test

The Iowa Law Enforcement Academy Council, in recognizing the importance of physical fitness status for job performance, has established this physical test as a pre-employment standard. No person can be selected or appointed as a law enforcement officer without first successfully passing all of the elements of this test, as prescribed in 501 IAC 2.1(6), adopted pursuant to Section 80B 11(5), Code of Iowa.

A description of the test events and required performance standards can be found at the following link:

https://ilea.iowa.gov/agencies/basic-academy/pt-standards

Candidates who have been excused from having to take the physical fitness test because they have provided acceptable documentation of having successfully completed the ILEA pre-employment physical test regimen administered by another law enforcement agency within four months preceding the City's final test date for an application cycle or because they are ILEA certified will be notified by Human Resources.

Contact Human Resources with questions.

Updated: May 2024