

IOWA CITY PARKS AND RECREATION

# REC GUIDE

FALL 2024

**TUESDAY**  
**AUGUST 13, 2024**  
Resident Registration  
Opens at 7:00 AM

**WEDNESDAY**  
**AUGUST 14, 2024**  
Non-Resident Registration  
Opens at 7:00 AM



# 3

# THINGS TO KNOW ABOUT YOUR PARKS AND REC

## 1



### **NED ASHTON HOUSE**

The AIR program is getting a NEW home! Starting in the fall 2024 season, the Adaptive and Inclusive Recreation (AIR) program will be moving to the Ned Ashton House (820 Park Road). The Ned Ashton House will serve as a community center for individuals with disabilities. Programs will remain inclusive and still be held at all the recreation centers, with most programs being located at Ashton House.

## 2



### **GET OUTSIDE!**

Get outside and experience the many outdoor recreation, wellness and adventure opportunities our region has to offer. Attendees will have the chance to learn a wide variety of outdoor skills from local recreation organizations, clubs, and business.

**Event will be held at City Park on September 29.**

## 3



### **CITY PARK POOL**

City Park Pool is going through a redesign phase. The pool will receive an updated design that considers a wide range of pool users and activity types.

**Stay afloat on the process at [www.icgov.org/jumpin](http://www.icgov.org/jumpin)**

## FACILITY HOURS

Monday–Friday 6:15 AM–9:00 PM  
Saturdays 6:15 AM–8:00 PM  
Sundays 11:00 AM–8:00 PM

### ROBERT A. LEE RECREATION CENTER

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220 South Gilbert Street  
Phone: 319-356-5100

### MERCER PARK AQUATIC CENTER AND SCANLON GYMNASIUM

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2701 Bradford Drive  
Phone: 319-356-5100

## HOLIDAY HOURS

### MONDAY, SEPTEMBER 2, 2024

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Normal Hours  
Administration Offices Closed

### THURSDAY, NOVEMBER 28, 2024

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Facilities Closed

### FRIDAY, NOVEMBER 29, 2024

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Facility Hours 11:00 AM–8:00 PM  
Administration Offices Closed

### TUESDAY, DECEMBER 24, 2024

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Facilities Closed

### WEDNESDAY, DECEMBER 25, 2024

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Facilities Closed

### THURSDAY, DECEMBER 26, 2024

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Facility Hours 8:00 AM–9:00 PM

### TUESDAY, DECEMBER 31, 2024

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Facilities Close at 5:00 PM

### WEDNESDAY, JANUARY 1, 2025

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Facilities Closed

## REGISTRATION DATES

### TUESDAY, AUGUST 13, 2024

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Resident Registration Opens at 7:00 AM

### WEDNESDAY, AUGUST 14, 2024

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Non-Resident Registration Opens at 7:00 AM

## GENERAL INFORMATION

## REGISTRATION

## EXPLORE OUR PARKS

## ADULT RECREATION

## AQUATICS

## ADAPTIVE & INCLUSIVE RECREATION (AIR)

## YOUTH RECREATION

## SPECIAL EVENTS

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**REGISTRATION OPENS AUGUST 13, 2024**

FALL 2024 ACTIVITY GUIDE  
IOWA CITY PARKS AND RECREATION  
ICGOV.ORG/RECREATION

# GENERAL INFORMATION

## STAFF DIRECTORY

<b>Juli Seydell Johnson</b>	Parks & Recreation Director	JuJohnson@iowa-city.org
<b>Tyler Baird</b>	Parks & Forestry Superintendent	TBaird@iowa-city.org
<b>Brad Barker</b>	Recreation Superintendent	BBarker@iowa-city.org
<b>Russ Buffington</b>	Cemetery Supervisor	RBuffington@iowa-city.org
<b>Nolan Butkowski</b>	Recreation Assistant	NButkowski@iowa-city.org
<b>Joyce Carroll</b>	Recreation Supervisor – STEAM, Nature, Art & Camps	JoyceC@iowa-city.org
<b>Matt Eidahl</b>	Assistant Recreation Superintendent	MEidahl@iowa-city.org
<b>Gabe Gotera</b>	Administrative Coordinator	GGotera@iowa-city.org
<b>Caylea Housh</b>	Recreation Supervisor – Aquatics	CHoush@iowa-city.org
<b>Bill Lane</b>	Recreation Supervisor – Communications & Special Events	BLane@iowa-city.org
<b>Jeff Sears</b>	Recreation Supervisor – Sports, Wellness, & Field Rentals	JSears@iowa-city.org
<b>Malory Smysor</b>	Recreation Supervisor – Adaptive & Inclusive Rec/Outreach	MSmysor@iowa-city.org
<b>Josh Worrell</b>	Facilities Manager	JWorrell@iowa-city.org

### ADA

The City of Iowa City does not discriminate on the basis of disabilities in its services, programs, or activities. To request disability-related modifications in order to participate, please contact Malory Smysor at 319-356-5228 or MSmysor@iowa-city.org. Early requests are encouraged to allow sufficient time to meet your access needs.

### PHOTOS

While in our parks, facilities, and participating in our programs and events, you and/or your children may be video-recorded or photographed by a Parks and Recreation employee, volunteer, or photographer. Photos may be used for activity guides, websites, other promotional items, group pictures, or by the media.

Recreation registration and facility rentals serve as permission for use of your image. Due to the public nature of our programs and facilities, we cannot be responsible for photographs taken by the media or others.

### TEACH A CLASS

Have a talent you would like to share? We are always looking for fun instructors to start new programs! To submit your program idea or to find out more about teaching, contact Brad Barker at BBarker@iowa-city.org. We are also looking for bilingual staff!

### IOWA CITY PARKS AND RECREATION COMMISSION

The Iowa City Parks and Recreation Commission meets on the second Wednesday of each month at 5 PM. The Commission's duties include recommending and reviewing policies, rules, regulations, ordinances, and budgets relating to parks, playgrounds, recreation centers, and cultural functions of the City and making such reports to the City Council as the commission deems in the public interest. Members who volunteer their time and serve on the board are:

Missie Forbes	Brian Morelli
Alex Hachtman	Virginia Hayes
Rachael McPherson	Alex Stanton
Aaron Broege	Caleb Recker
Connie Moore	

#### SUMMER DATES:



**August 13** Resident Registration Opens

**August 14** Non-Resident Registration Opens

## RECREATION FACILITIES

### ROBERT A. LEE RECREATION CENTER

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Social Hall: Max occupancy 100; \$30/hour + \$50 refundable deposit  
Meeting Rooms A & B: Max occupancy 25; \$12/hour  
Gymnasium: 1 court \$28/hour; 2 courts \$50/hour

### MERCER PARK/SCANLON GYMNASIUM

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Procter & Gamble Room: Max occupancy 50; \$18/hour  
Mercer Classroom: Max occupancy 12; \$10/hour  
Mercer Wellness Room: Max occupancy 25; \$12/hour  
Gymnasium: 1 court \$50/hour; 2 courts \$83/hour

### THE NED ASHTON HOUSE

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820 Park Road

The AIR program is getting a NEW Home! Starting in the fall 2024 season, the Adaptive and Inclusive Recreation (AIR) program will be moving to the Ned Ashton House (820 Park). The Ned Ashton House will serve as a community center for individuals with disabilities. Programs will remain inclusive and still be held at all the recreation centers, with most programs being located at Ned Ashton House.



#### FOR MORE INFO:

319-356-5100

[icgov.org/eventfacilities](http://icgov.org/eventfacilities)



## EVENT FACILITIES

### THE PARK LODGE AT TERRY TRUEBLOOD RECREATION AREA

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579 McCollister Boulevard

The Park Lodge is a 5,870 square foot year-round venue that seats up to 170 occupants. Amenities include tables and chairs, kitchen with a stove, refrigerator, freezer and microwave, a gas fireplace and a patio overlooking the lake. It is possible to divide the room into sections that will accommodate 85 occupants each. Each of the sections is 1,390 square feet.

#### FOR MORE INFO:

[icgov.org/eventfacilities](http://icgov.org/eventfacilities)

The Avacentre

402-677-1821

[EventFacilities@iowa-city.org](mailto:EventFacilities@iowa-city.org)



### RIVERSIDE FESTIVAL STAGE

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Lower City Park, 200 Park Road

The Riverside Festival Stage is a 470-seat outdoor theatre modeled after the famous Globe Theatre in London. The Riverside Festival Stage is a Shakespearean-style theatre, complete with stage, two dressing rooms, and concession stand. The festival stage plays host to the annual Shakespeare Festival, coordinated by the Riverside Theatre, and is available to rent for any appropriate purpose, from weddings to concerts. The rental fee is \$75/hour for the stage and dressing rooms; or \$100/hour for the stage, dressing rooms, and concession stand. A \$250 (no alcohol) or \$500 (with alcohol) security deposit is also required.

#### FOR MORE INFO:

[icgov.org/eventfacilities](http://icgov.org/eventfacilities)

Jeff Sears

319-356-5100

[EventFacilities@iowa-city.org](mailto:EventFacilities@iowa-city.org)

## GENERAL INFORMATION

FALL 2024 ACTIVITY GUIDE  
IOWA CITY PARKS AND RECREATION  
[ICGOV.ORG/RECREATION](http://ICGOV.ORG/RECREATION)

# REGISTRATION

## Activity search

### Iowa City Parks & Recreation Online Registration

An online account is required to register for activities, classes and waiting lists. If you do not have an online account please create an account. Once your online account is created, you may register for programs, classes and waiting lists immediately.

For more information about facility and program requirements visit, [icgov.org/ActivityRegistration](http://icgov.org/ActivityRegistration).

Q Search by keyword OR by number

Search

When ▾

Where ▾

Who ▾

Activities ▾



Check out this video on how to find the right activities for you and your family!

## REGISTERING FOR CLASSES

Class descriptions and notes can be found in the ActiveNet registration program. Participants can type in the name of the program, select the “activities” button to narrow the search. Participants can register the following ways:

1. **Online** at [www.icgov.org/ActivityRegistration](http://www.icgov.org/ActivityRegistration)
2. **In person** at Mercer Park Aquatic Center, 2701 Bradford Dr. or Robert A. Lee Recreation Center, 220 South Gilbert St. (available during facility hours).

## FACILITIES PASS AND AGE REQUIREMENT

An Iowa City Parks and Recreation issued facilities pass is required for use of the gym, locker room, game room, and fitness room. The pass system allows staff to better assess community need by monitoring facility usage to help plan future services and amenities. Patrons 16 years of age and older can be issued a pass during open facility hours. Children 15 and under need to either show a school ID or bring a parent/guardian to create a facility pass. Facility policy prohibits children grades 5th and under from using the facility, including pools, unless accompanied by an adult, or individual 16 years or older.

## CLASS SIZE

Limits are placed on the size of some classes to assure quality instruction. Registration is first-come, first-serve. Classes are reviewed at least three working days prior to the start and those with insufficient enrollment are subject to cancellation. Registration must be made prior to participation in any Parks and Recreation activity.

### TO REGISTER:



**Online** at [icgov.org/ActivityRegistration](http://icgov.org/ActivityRegistration)



**In-person** at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center



**Phone** 319-356-5100 during regular facility hours

## REC ASSIST



Iowa City Parks and Recreation has something for everyone! We are accepting applications for Rec Assist, our income eligible discount program. One application for Iowa City residents is valid for the entire calendar year. Program enrollment using Rec Assist discounts must be done in person or by phone. **Learn more at [iowa-city.org/forms/recassist](https://iowa-city.org/forms/recassist).**

## INCLUSION SERVICES

Iowa City Parks and Recreation recognizes that some individuals with disabilities would benefit from social opportunities available in non-adapted programs. Inclusion provides a choice for individuals of varying abilities to experience recreation programming within their community.

Inclusion services are offered at no additional cost. Inclusion supports come in the form of one or more of the following: program observation, staff training, program modification, modified equipment, and/or an inclusion companion.

If you or someone you know require modifications or assistance to participate in recreational programs or city services, please notify us at registration and contact Malory Smysor, Recreation Supervisor for Adaptive & Inclusive Rec. **Please provide us as much advanced notice as possible to accommodate modifications. Malory Smysor at 319-356-5100 or [MSmysor@iowa-city.org](mailto:MSmysor@iowa-city.org)**

## NON-RESIDENT FEES

Iowa City residents (persons living inside Iowa City city limits), through property taxes, contribute to the operation of the Parks and Recreation Department. Non-resident fees are charged to our non-resident patrons to contribute to the overall financing of the Department on an equitable basis with our residents.

## SIGN UP FOR ALL EVENT AND FACILITY CANCELLATIONS

Want to receive email or text notification for any event cancellation or facility closure? Click on to visit [icgov.org/Rainoutline](https://icgov.org/Rainoutline) then select email and text alerts. Participants and residents can sign up for the cancellations and alerts they would like notified on.

## ACCOUNT CREDITS, TRANSFERS, AND REFUNDS

Requests for a full refund or an activity transfer must be made at least 5 business days in advance of the program start date. Prorated credits for health reasons may be considered after the program begins if there is a request submitted to and approved by the program supervisor. No account credits will be given for programs that have concluded. **Note:** Some certification courses and camps require notification as much as 2 weeks in advance. Please be sure to check all cancellation policies for these programs.



## REGISTER TODAY!

**Tuesday**  
**August 13, 2024**  
Iowa City Resident  
Registration Opens

**Wednesday**  
**August 14, 2024**  
Iowa City Non-Resident  
Registration Opens

## TO REGISTER



**Online** at [icgov.org/ActivityRegistration](https://icgov.org/ActivityRegistration)



**In-person** at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center



**Phone** 319-356-5100 during regular facility hours

TTY 319-356-4999

## REGISTRATION

FALL 2024 ACTIVITY GUIDE  
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[ICGOV.ORG/RECREATION](https://icgov.org/recreation)

# EXPLORE OUR PARKS

Enjoy a visit to one of Iowa City's many parks! Iowa City is home to over 50+ parks, natural areas, and open spaces. Almost 100 percent (99.4 percent) of residents live within 1/2 of a mile of open space areas, including the City's parks, schoolyards, or natural areas. The Parks and Forestry Division provides and maintains a wide variety of open space, parks, and trails for the residents of Iowa City.





## PARK SHELTER RENTALS

Reservations for park shelters may be made as early as one year in advance, but no later than 5 days in advance of intended use. If you desire to use a shelter but missed the 5-day advance reservation cut-off, non-reserved open-air shelters are available on a first-come, first-served basis. Payment is required at the time of reservation. Fees vary according to the size of the shelter. Shelters are available for rent year-round; however, restroom and water amenities are seasonal.

For more information on shelter rentals or to reserve, visit [icgov.org/EventFacilities](http://icgov.org/EventFacilities) or call 319-356-5100.

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## TRAILS

Do you love to get outdoors? Then Iowa City is a great place for you. We are home to 50+ parks, trails, and open spaces. The trails are a variety of hard-surfaced, either concrete or asphalt, and all non-motorized use is permitted, including walking, jogging, in-line skating, skateboarding, scooting, etc. Please observe trail etiquette when using the trails, and respect other trail users.

To view the most up-to-date trail maps and bicycle resources, visit the Metropolitan Planning Organization of Johnson County webpage at [mpojc.org/bicycle-resources](http://mpojc.org/bicycle-resources)



### BIKE HELMETS FOR SALE ... ONLY \$12

The Iowa City Parks and Recreation Department, in cooperation with SAFE KIDS Johnson County and Bell Sports, will be selling bike helmets for children and adults. The helmets are available for \$12 each at the Robert A. Lee Recreation Center, 220 South Gilbert St.

## GEOCACHING

Geocaching is an adventurous game for all ages, where you use GPS devices to find hidden treasures worldwide. Just load coordinates, locate the geocache, and if you take a prize, replace it with something of equal value. It's free and simple—all you need is a GPS device and an account on geocaching websites like [www.geocaching.com](http://www.geocaching.com). Iowa City Parks and Recreation Department has caches in its parks. Ready to find them?

**RITA'S RANCH  
DOG PARK**  
640 South Scott  
Boulevard

**THORNBERRY  
OFF-LEASH DOG PARK**  
1867 Foster Road

For information about  
our dog parks including  
tag pricing and rules  
visit [icgov.org/DogPark](http://icgov.org/DogPark)

## **DOG PARKS AND DOGS IN IOWA CITY PARKS**

The City of Iowa City is a pet-friendly community. In order to ensure that all users have a great recreational experience, we need pet owners to follow City rules and regulations related to walking dogs in public areas, parks, open spaces, and trails. Owners must keep their dogs on a leash and are responsible for picking up after their pets.

Iowa City Parks and Recreation has two dog parks where dogs are allowed offleash. They provide opportunities for exercise, socialization, and training. All dogs must display either a park permit tag or a day pass to use the off-leash dog parks. Owners without permits or passes may be fined. Iowa City residents must have a current City of Iowa City Animal License to get a dog park tag. Proof of rabies vaccination is also required to use the dog parks.



## **THE ICE HOUSE SINGLE TRACK TRAIL AT TERRELL MILL PARK**

Over a mile of natural surface single track trail designed for mountain and cross style cycling is currently being built at Terrill Mill Park, located near the UI Beckwith Boathouse. The trail will include a skills section for intermediate level cyclists (blue route) while mostly catering to riders looking to enjoy engaging and diverse entry level tracks (green route). The trail will pass along the Iowa River, over bridges and boardwalks, through lowland forest and prairie, over massive windfallen trees, and through the historic ice house foundation. The trail is being designed for one-way travel along a loop system for a rider friendly experience. The popularity of single track cycling has been increasing throughout the region and this course will provide new cycling opportunities in a location accessible from the larger Iowa City bike trail network. The new trail completion is targeted for early fall 2024 (trail will remain closed until completed).

## DISC GOLF COURSES

### PENINSULA PARK 1867 Foster Road

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Peninsula Park is home to a beautiful championship disc golf course that covers approximately 30 acres and is bounded by the Iowa River on three sides. Each hole has a short and a long tee, providing 36 different holes to play on any day. Mixing open holes with wooded ones, the course offers the challenge of throwing accurately, as well as grip-it-and-rip-it holes.

### WETHERBY PARK 2400 Taylor Drive

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Wetherby Park has a 9-hole, recreational course that is perfect for new players. Hole one starts just south of the main shelter. While there are currently no tee signs, disc golfers should have no trouble following the course using the hole numbers on the baskets.

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## STURGIS FERRY PARK

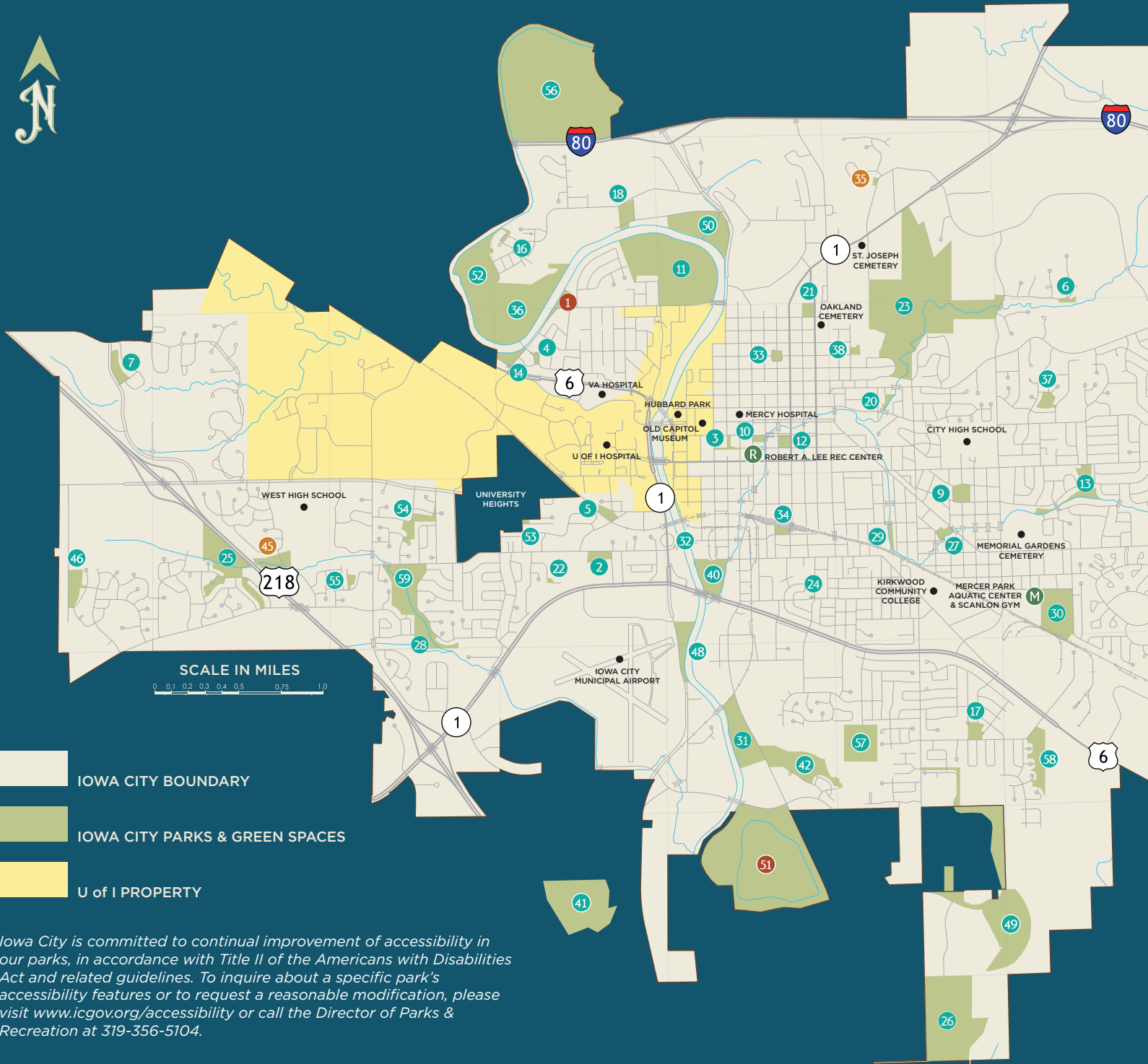
The Sturgis Ferry Park renovations are almost finished, and the boat ramp is now fully accessible to the public! You can park your vehicles in the lot and easily launch your boats into the Iowa River from 1700 S Riverside Dr. In addition to the boat ramp, the park offers amenities such as a water fountain, a portable toilet, and a newly built park shelter equipped with picnic tables. Future plans for the park include establishing a drop-off recycling center. Remember to prioritize safety when using the boat ramp and check for any flood warnings in the area before navigating the Iowa River.



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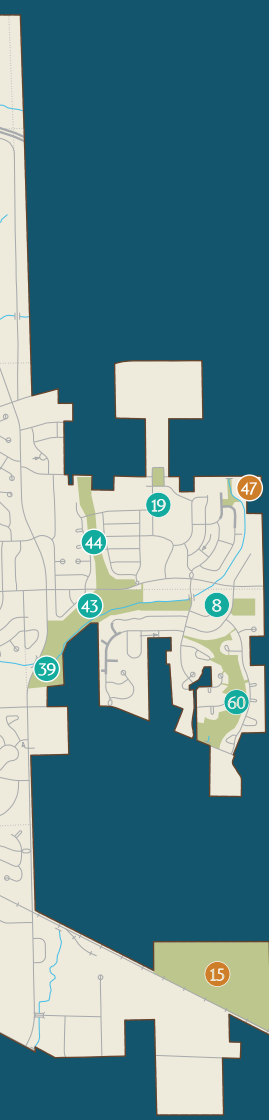
## EXPLORE OUR PARKS

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[ICGOV.ORG/RECREATION](http://ICGOV.ORG/RECREATION)



Iowa City is committed to continual improvement of accessibility in our parks, in accordance with Title II of the Americans with Disabilities Act and related guidelines. To inquire about a specific park's accessibility features or to request a reasonable modification, please visit [www.icgov.org/accessibility](http://www.icgov.org/accessibility) or call the Director of Parks & Recreation at 319-356-5104.





- 1 Ashton House**  
Rental Facility, Project Green Garden, Trail, Open Space
- 2 Benton Hill Park**  
Playground, Shelter (1), Trail, Natural Area
- 3 Blackhawk Mini Park/Pedestrian Mall**  
Playground, Fountain, Gathering Space
- 4 Black Springs Circle Park**  
Open Space, Natural Area
- 5 Brookland Park**  
Playground, Shelter (1), Trail
- 6 Calder Park**  
Playground, Shelter (1)
- 7 Camp Cardinal Park**  
Natural Area
- 8 Cardigan Park**  
Playground, Shelter (1), Fire Pit, Open Space
- 9 Chadek Green Park**  
Community Garden, Open Space
- 10 Chauncey Swan Park**  
Open Lawn, Gathering Space
- 11 City Park**  
Playgrounds, Shelters (14), Restrooms, Baseball Fields (8), Tennis Courts, Horseshoe Courts, Basketball Court, Gaga Ball Pit, Sand Volleyball Court, Outdoor Swimming Pool, Riverside Festival Stage, Historical Cabins, Trails, Open Space, Natural Area, Ponds, Boat Ramp, Riverfront
- 12 College Green Park**  
Playground, Shelter (1), Basketball Hoop, Bocce Court, Open Space
- 13 Court Hill Park**  
Playground, Shelters (2), Restrooms, Basketball Court, Softball/Baseball Rec Field, Trail, Open Space
- 14 Crandic Park**  
Shelter (1), Trail, Riverfront
- 15 Eastside Park (Future Site)**
- 16 Emma J. Harvat Square Park**  
Playground, Shelter (1)
- 17 Fairmeadows Park**  
Playground, Shelter (1), Restrooms, Splash Pad, Soccer Rec Field, Open Space
- 18 Foster Road Park**  
Natural Area
- 19 Frauenholtz-Miller Park**  
Playground, Shelter (1), Open Space
- 20 Glendale Park**  
Playground, Open Space
- 21 Happy Hollow Park**  
Playground, Shelter (1), Restroom, Basketball Hoop, Softball/Baseball/Soccer Rec Field
- 22 Harlocke Hill Park**  
Playground
- 23 Hickory Hill Park**  
Shelters (2), Restrooms, Trails, Open Space, Natural Area
- 24 Highland Park**  
Playground, Shelter (1)
- 25 Hunter's Run Park**  
Playground, Shelters (2), Trail, Open Space, Natural Area
- 26 Iowa City Kickers Soccer Park**  
Playgrounds, Shelters (2), Restrooms, Concession Stands, Soccer Fields (minimum of 2), Cross Country Course, Trail, Open Space
- 27 James Alan McPherson Park**  
Playground, Shelter (1), Restrooms, Basketball Court, Softball/Baseball Rec Field, Community Orchard, Trail, Open Space
- 28 Kiwanis Park**  
Playground, Shelter (1), Restrooms, Community Garden, Trails, Open Space, Natural Area
- 29 Longfellow Nature Trail**  
Trail, Natural Area
- 30 Mercer Park**  
Playground, Shelters (2), Restrooms, Baseball Fields (4), Concession Stand, Tennis Courts, Pickleball Courts, Softball/Baseball Rec Fields, Open Space
- 31 Napoleon Park**  
Playground, Shelter (1), Restrooms, Softball Fields (8), Concession Stand, Trail, Natural Area
- 32 Ned Ashton Park**  
Trail, Riverfront
- 33 North Market Square Park**  
Playground, Shelter (1), Basketball Court, Open Space

- 34 Oak Grove Park**  
Playground, Shelter (1), Basketball Court, Open Space
- 35 Palisades Park (Future Site)**
- 36 Peninsula Park**  
Shelter (1), 18 Hole Disc Golf Course, Trails, Natural Area
- 37 Pheasant Hill Park**  
Playground, Shelter (1), Gaga Ball Pit, Open Space
- 38 Reno Street Park**  
Playground, Shelter (1), Community Garden, Open Space
- 39 Rita's Ranch Dog Park**  
Off-leash Dog Park
- 40 Riverfront Crossings Park**  
Playground, Shelter (1), Restrooms, Ping Pong, Trail, Riverfront, Open Space, Natural Area
- 41 Ryerson's Woods State Preserve**  
Shelter (1), Trails, Natural Area
- 42 Sand Prairie Park**  
Natural Area
- 43 Scott Park**  
Playground, Shelter (1), Football/Rugby Field, Trails, Open Space, Natural Area
- 44 Scott Park Greenway**  
Trail, Open Space, Natural Area
- 45 Shannon Drive Park (Future Site)**
- 46 Slothower Road Park**  
Natural Area
- 47 Stone Bridge Park (Future Site)**
- 48 Sturgis Ferry Park**  
Boat Ramp, Riverfront, Natural Area
- 49 Sycamore Greenway**  
Trail, Natural Area
- 50 Terrell Mill Park**  
Shelter (1), Restrooms, Skate Park, Trail, Riverfront, Natural Area
- 51 Terry Trueblood Recreation Area**  
Playground, Shelters (3), Restrooms, Kayak, Paddle Boat, Paddle Board Rentals, Concessions, Rental Facility Event Lodge, Trails, Lake, Riverfront, Natural Area
- 52 Thornberry Off-leash Dog Park**  
Off-leash Dog Park, Pond
- 53 Tower Court Park**  
Playground, Splash Pad
- 54 Villa Park**  
Playground, Shelter (1), Open Space
- 55 Walden Green Park**  
Open Space, Natural Area
- 56 Waterworks Prairie Park**  
Shelter (1), Trails, Pond, Riverfront, Natural Area
- 57 Wetherby Park**  
Playground, Shelter (1), Restrooms, Splash Pad, Basketball Courts, Sport Court, 9 Hole Disc Golf Course, Community Garden, Edible Forest, Trails, Open Space
- 58 Whispering Meadows Wetlands**  
Trails, Pond, Natural Area
- 59 Willow Creek Park**  
Playground, Shelter (1), Restrooms, Softball/Baseball Rec Fields, Hospice Memorial Garden, Trails, Open Space, Natural Area
- 60 Windsor Ridge Park**  
Trails, Pond, Open Space

### Recreation Centers

- R Robert A Lee Recreation Center**  
Fitness Room, Gymnasium, Indoor Swimming Pool, Meeting Rooms, Classrooms
- M Mercer Park Aquatic Center/Scanlon Gym**  
Gymnasium, Indoor Swimming Pool, Recreation Room, Meeting Rooms

- Park/Green Space
- Park System Future Expansions
- Recreation Center
- Facility



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# ADULT RECREATION






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## INCLUSION SERVICES

Inclusion services are offered at no additional cost. Inclusion supports come in the form of one or more of the following: program observation, staff training, program modification, modified equipment, and/or an inclusion companion. If you or someone you know require modifications or assistance to participate in recreational programs or City services, please notify us at registration and contact Malory Smyser, Recreation Supervisor for Adaptive & Inclusive Rec, at 319-356-5100 MSmyser@Iowa-City.org.



**TO REGISTER:**

-  **Online** at [icgov.org/ActivityRegistration](http://icgov.org/ActivityRegistration)
-  **In-person** at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center
-  **Phone** 319-356-5100 during regular business hours

## AIKIDO

Aikido uses movement and technique, not strength, to respond to attacks in a non-violent way. Accommodates all levels from beginners to students with years of experience, the individual sets their own intensity level.

Member of The United States Aikido Federation

#	Title	Day	Date	Time	Ages	Location	Fee
20617	Aikido	M W	9/2/2024-9/30/2024	6:30-8:00 PM	12+	Robert A. Lee Rec Center	\$25.00
20616	Aikido	M W	10/2/2024-10/30/2024	6:30-8:00 PM	12+	Robert A. Lee Rec Center	\$25.00
20615	Aikido	M W	11/4/2024-11/27/2024	6:30-8:00 PM	12+	Robert A. Lee Rec Center	\$25.00
20614	Aikido	M W	12/2/2024-12/30/2024	6:30-8:00 PM	12+	Robert A. Lee Rec Center	\$25.00

## ARCHERY

This program covers the basics of archery, including equipment, safety, range commands, and shooting technique. The classes will then consist of mainly shooting practice once participants are comfortable with the basics.

#	Title	Day	Date	Time	Ages	Location	Fee
20636	Adult Archery	M	9/9/2024-9/30/2024	6:00-6:30 PM	12+	Napoleon Park	\$30.00

## ARTS & CRAFTS

Boost your creativity! Whether a beginner or a continuing student of art, you will find our arts and crafts classes to be focused on you as an individual. Choose a class and go for it!

#	Title	Day	Date	Time	Ages	Location	Fee
20555	Painted Jar Lanterns	Th	9/12/2024	6:30-8:00 PM	16+	Robert A. Lee Rec Center	\$20.00
20556	Dangling Earrings	Th	9/19/2024	6:30-8:00 PM	16+	Robert A. Lee Rec Center	\$20.00
20557	Weaving	Th	10/10/2024	6:30-8:00 PM	16+	Robert A. Lee Rec Center	\$20.00
20558	Spooky Plants	Th	10/17/2024	6:30-8:00 PM	16+	Robert A. Lee Rec Center	\$20.00
20559	Screen Printing	Th	11/7/2024	6:30-8:00 PM	16+	Robert A. Lee Rec Center	\$20.00
20560	Printmaking	Th	11/21/2024	6:30-8:00 PM	16+	Robert A. Lee Rec Center	\$20.00
20561	Pop Up Winter Cards	Th	12/5/2024	6:30-8:00 PM	16+	Robert A. Lee Rec Center	\$20.00

## ADULT RECREATION

FALL 2024 ACTIVITY GUIDE  
IOWA CITY PARKS AND RECREATION  
ICGOV.ORG/RECREATION

## CERAMICS

Learn basic clay techniques to form pottery. Your hands can form plates, bowls, platters, and more with or without the use of the wheel. Continuing students will learn more advanced techniques and skills.

#	Title	Day	Date	Time	Ages	Location	Fee
20562	Beginning and Continuing	Su	9/22/2024-11/10/2024	2:30-4:30 PM	16+	Robert A. Lee Rec Center	\$240.00
20563	Beginning and Continuing	Tu	9/24/2024-11/12/2024	1:00-3:00 PM	16+	Robert A. Lee Rec Center	\$240.00
20564	Beginning and Continuing	Tu	9/24/2024-11/12/2024	6:00-8:00 PM	16+	Robert A. Lee Rec Center	\$240.00
20565	Beginning and Continuing	W	9/25/2024-11/13/2024	10:00-12:00 PM	16+	Robert A. Lee Rec Center	\$240.00
20566	Beginning and Continuing	W	9/25/2024-11/13/2024	1:00-3:00 PM	16+	Robert A. Lee Rec Center	\$240.00
20567	Beginning and Continuing	W	9/25/2024-11/13/2024	6:00-8:00 PM	16+	Robert A. Lee Rec Center	\$240.00



### POTTERS STUDIO CARD

The Potters Studio offers electric and kick wheels. Card holders must finish one Recreation Division ceramics class to qualify for a card.

**Fee: \$240 (covers studio access, glazes, firings)**

**Fall session: September 9–December 14. Clay: \$20 per 25 lbs.**

## OLYMPIC WEIGHTLIFTING

USA Weightlifting (USAW) club team dedicated to teaching the sport in a fun, safe and effective manner. Coaches assist all students to improve their skill level regardless of their starting point.

#	Title	Day	Date	Time	Ages	Location	Fee
20632	Got Strength Weightlifting	Tu Th	9/3/2024-9/26/2024	6:00-7:30 PM	8+	Robert A. Lee Rec Center	\$100.00
20631	Got Strength Weightlifting	Tu Th	10/1/2024-10/31/2024	6:00-7:30 PM	8+	Robert A. Lee Rec Center	\$100.00
20630	Got Strength Weightlifting	Tu Th	11/5/2024-11/26/2024	6:00-7:30 PM	8+	Robert A. Lee Rec Center	\$100.00
20629	Got Strength Weightlifting	Tu Th	12/3/2024-12/19/2024	6:00-7:30 PM	8+	Robert A. Lee Rec Center	\$75.00

## PARKRUN


ParkRun is a positive, welcoming, and inclusive experience where there is no time limit and no one finishes last. Registration only needs to be done once on the [www.parkrun.us](http://www.parkrun.us) website.

#	Title	Day	Date	Time	Ages	Location	Fee
Drop In	ParkRun	Sa	9/7/2024-9/28/2024	8:00-9:00 AM	All Ages	City Park	No Fee
Drop In	ParkRun	Sa	10/5/2024-12/28/2024	9:00-10:00 AM	All Ages	City Park	No Fee

#### TO REGISTER:

 **Online** at [icgov.org/ActivityRegistration](http://icgov.org/ActivityRegistration)

 **In-person** at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center

 **Phone** 319-356-5100 during regular business hours





## CLASES OFRECIDAS EN ESPAÑOL

El Departamento de Parques y Recreación de Iowa City se enorgullece en ofrecer una muestra de programas para nuestra comunidad de habla hispana. Para la temporada de otoño, tendremos una clase de yoga para principiantes y un programa de introducción a la costura, ambos impartidos en español. Estos programas ofrecerán una introducción básica a las clases y permitirán a los participantes experimentar algo nuevo y adquirir habilidades para toda la vida. Estas clases están diseñadas para que nuestra comunidad de habla hispana disfrute de los programas y servicios que el Departamento de Parques y Recreación de Iowa City tiene para ofrecer.

## NATURE EDUCATION

Engage in casual and fun nature explorations to acquire knowledge, develop skills, and satisfy your curiosity. Choose from various activities to delve into the wonders of nature and its magic.

#	Title	Day	Date	Time	Ages	Location	Fee
20552	Outdoor Survival Skills	Sa	9/7/2024	2:00-4:00 PM	14+	Terry Trueblood Rec Area	\$20.00
20553	Seed Harvesting Workshop	Su	9/22/2024	1:00-2:30 PM	14+	Robert A. Lee Rec Center	\$20.00
20699	Herbs 101	Su	9/29/2024	1:00-2:00 PM	14+	Robert A. Lee Rec Center	\$10.00
20554	Birding Walk	Sa	10/12/2024	8:00-9:30 AM	14+	Terry Trueblood Rec Area	\$20.00
20700	Edible Herbs	Su	10/20/2024	1:00-2:00 PM	14+	Robert A. Lee Rec Center	\$10.00



## OUTDOOR EDIBLE CLASSROOM

The Outdoor Edible Classroom, at the Robert A. Lee Recreation Center, welcomes all visitors during operating hours. Watch local produce thrive, explore the enchanting fairy garden, and marvel at fluttering butterflies. Supported by Backyard Abundance, through an Iowa Department of Agriculture grant, this thriving garden classroom is also a certified People's Garden Initiative.

## ADULT RECREATION

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## VOLLEYBALL – TEAM

CoRec leagues are available with various divisions of competition. Divisions may be combined if not enough teams sign up. Person signing-up is responsible to find their own teammates and must submit a valid roster before the first game.

#	Title	Day	Date	Time	Ages	Location	Fee
20609	Adult CoRec 'A'	Su	9/22/2024-12/8/2024	1:30-5:30 PM	18+	Robert A. Lee Rec Center	\$90.00
20610	Adult CoRec 'B'	Su	9/22/2024-12/8/2024	1:30-5:30 PM	18+	Robert A. Lee Rec Center	\$90.00
20611	Adult Women's 'A'	Tu	9/24/2024-12/10/2024	6:15-9:15 PM	18+	Robert A. Lee Rec Center	\$90.00
20612	Adult Women's 'B'	Tu	9/24/2024-12/10/2024	6:15-9:15 PM	18+	Robert A. Lee Rec Center	\$90.00

## YOGA

Class combines simple movement with feel-good strength techniques, breathwork and meditation. Practice will include some standing postures, but emphasis is on floor work. Instructor: Erin Landsee




#	Title	Day	Date	Time	Ages	Location	Fee
20678	Gentle Yoga	Su	9/1/2024-9/29/2024	6:00-7:00 PM	16+	Ned Ashton House	\$75.00
20679	Gentle Yoga	Su	10/6/2024-10/27/2024	6:00-7:00 PM	16+	Ned Ashton House	\$60.00
20680	Gentle Yoga	Su	11/3/2024-11/24/2024	6:00-7:00 PM	16+	Ned Ashton House	\$60.00
20681	Gentle Yoga	Su	12/1/2024-12/29/2024	6:00-7:00 PM	16+	Ned Ashton House	\$75.00
20671	Yoga	Tu	9/3/2024-9/24/2024	6:00-7:00 PM	16+	Ned Ashton House	\$60.00
20672	Yoga	Tu	10/1/2024-10/29/2024	6:00-7:00 PM	16+	Ned Ashton House	\$75.00
20673	Yoga	Tu	11/5/2024-11/26/2024	6:00-7:00 PM	16+	Ned Ashton House	\$60.00
20674	Yoga	Tu	12/3/2024-12/17/2024	6:00-7:00 PM	16+	Ned Ashton House	\$45.00



### FREE YOGA IN THE PARK

Embrace Serenity at Chauncey Swan Park on September 21, 2024, at 9:30 am. Join us for a rejuvenating session guided by expert instructors. No experience required—just bring a mat and immerse yourself in the harmonizing flow of mind, body, and soul

**TO REGISTER:**

-  **Online** at [icgov.org/ActivityRegistration](https://icgov.org/ActivityRegistration)
-  **In-person** at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center
-  **Phone** 319-356-5100 during regular business hours

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## INCLUSION SERVICES

Inclusion services are offered at no additional cost. Inclusion supports come in the form of one or more of the following: program observation, staff training, program modification, modified equipment, and/or an inclusion companion. If you or someone you know require modifications or assistance to participate in recreational programs or City services, please notify us at registration and contact Malory Smysor, Recreation Supervisor for Adaptive & Inclusive Rec, at 319-356-5100 or [MSmysor@Iowa-City.org](mailto:MSmysor@Iowa-City.org).



Sign up to receive text or email notification for any pool program cancellations or splash pad closures. To sign up visit [icgov.org/rainout](http://icgov.org/rainout)

## AQUATICS

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[ICGOV.ORG/RECREATION](http://ICGOV.ORG/RECREATION)

## POOL DAILY SCHEDULES

Detailed schedules and hours can be found at [icgov.org/pools](http://icgov.org/pools)

### MERCER PARK AQUATIC CENTER

2701 Bradford Dr, Iowa City • 319-356-5100

### ROBERT A. LEE RECREATION CENTER

220 S Gilbert St, Iowa City • 319-356-5100

## POOL ADMISSIONS

### DAILY

- Children (0-2): FREE
- Children & Adults (3+): \$4

### 30 DAY POOL PASS

Valid for 30 days from purchase

- Resident Single: \$22
- Non-resident Single: \$33
- Resident Household: \$40
- Non-resident Household: \$60

### POOL PASS PUNCH CARD

10 admissions, non-expiring

- Residents: \$32
- Non-resident: \$37

### ANNUAL POOL PASS

Valid for 1 year from purchase

- Resident Single: \$234
- Non-resident Single: \$352
- Resident Household: \$450\*
- Non-resident Household: \$675\*

\*Individuals residing in one household can utilize our Household Pass. Adults with different last names will be asked to verify residence. Individuals residing in one household with over 5 members can be added to the monthly or annual pass for an additional charge (\$3 for monthly or \$25 for annual per person).

Individuals and households living within city limits who are approved for RecAssist (for income-eligible residents) are eligible to receive 50% off of all pool passes.

## POOL POLICIES

All groups of 10 or more must make a reservation or email [CHoush@iowa-city.org](mailto:CHoush@iowa-city.org).

Children 5 years and younger must be within arm's reach of an adult 16 years or older.

Only children currently 12+ years old will be allowed into Recreation Division facilities without an adult. Children 11 years old and younger must be accompanied and supervised by an adult.




### \$2 SWIM

Mercer Park Aquatic Center T/Th 9:00-11:00 AM  
Robert A. Lee Rec Center F/Su 5:00-8:00 PM

#### TO REGISTER:

 **Online** at [icgov.org/ActivityRegistration](http://icgov.org/ActivityRegistration)

 **In-person** at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center

 **Phone** 319-356-5100 during regular business hours

## GROUP SWIM LESSONS

The Aquatics program employs swim lesson instructors who are certified in the American Red Cross learn-to-swim program. We only offer American Red Cross lessons at our pool and the levels are designed to build upon the skills learned in the previous level. The age ranges for our lessons are based on the actual age of the student upon the start of the program. In order to focus our efforts on our mission of “Every Kid Learns to Swim,” we are only offering group lessons in order to maximize our efforts and impact the most kids in the community.

<b>Adult-Child</b>	<b>Ages: 6-36 months</b>	An introductory course which covers safety topics and water readiness skills through adult-led games and songs. Water entry and exit safety is emphasized along with general aquatic safety skills. Children must be accompanied for entire class by person age 16+.
<b>Pre-school 1</b>	<b>Ages: 3-4 years</b>	Orients children to the aquatic environment and teaches them basic aquatic skills such as moving legs and arms, blowing bubbles, and entering and exiting the pool safely.
<b>Pre-school 2</b>	<b>Ages: 3-4 years</b>	Builds upon the skills learned in Pre-school 1 to gain more comfort and independence moving through front and back floats, kicks, and coordinated movements.
<b>Pre-school 3</b>	<b>Ages: 3-4 years</b>	Helps children start to gain swimming propulsive skills on their front and back independently with their face in the water.
<b>Level 1</b>	<b>Ages: 5+ years</b>	Builds on skills acquired in Pre-school levels 1-3, participants perform skills with and without assistance from instructor.
<b>Level 2</b>	<b>Ages: 5+ years</b>	Extends on skills from Level 1 with emphasis on longer and more independent attempts at swimming on front and back.
<b>Level 3</b>	<b>Ages: 5+ years</b>	Focuses on feet and head first entries, scissor kick, backstroke, and most significantly, establishment of rotary breathing to the side during front crawl.
<b>Level 4</b>	<b>Ages: 5+ years</b>	Introduces breaststroke, butterfly, and sidestroke. Emphasis on strength, endurance, and refinement of front and back crawl.
<b>Level 5</b>	<b>Ages: 5+ years</b>	Emphasizes diving, treading, sculling, and turns. Introduces lap swimming of all six strokes learned in Levels 3 and 4.
<b>Level 6</b>	<b>Ages: 5+ years</b>	Refinement of turns, strokes, and dives is emphasized along with basic water rescue skills.
<b>Teen/Adult</b>	<b>Ages: 13+</b>	Gain water safety awareness and confidence in the water. Basic floating, kicking, and introduction to front and back crawl and basic water safety skills are covered.



## AQUATICS

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# SESSION 1: ROBERT A LEE REC CENTER: \$30

Mondays, 9/16/2024-10/14/2024			
5:00-5:30 PM	5:40-6:10 PM	6:20-6:50 PM	7:00-7:30 PM
Pre-School 1: 20509 Level 1: 20360 Level 2: 20401 Level 3: 20441 Level 4: 20475	Pre-School 1: 20510 Pre-School 2: 20530 Level 1: 20361 Level 2: 20402 Level 5: 20495	Adult-Child: 20339 Pre-School 3: 20541 Level 1: 20362 Level 2: 20403 Level 3: 20443	Level 1: 20363 Level 2: 20404 Level 3: 20444 Level 4: 20476 Adult/Teen: 20350




Tuesdays, 9/17/2024-10/15/2024			
5:00-5:30 PM	5:40-6:10 PM	6:20-6:50 PM	7:00-7:30 PM
Pre-School 1: 20511 Level 1: 20364 Level 2: 20405 Level 3: 20445 Level 4: 20477	Pre-School 1: 20512 Pre-School 2: 20531 Level 1: 20365 Level 2: 20406 Level 5: 20496	Adult-Child: 20340 Pre-School 3: 20542 Level 1: 20366 Level 2: 20407 Level 3: 20446	Level 1: 20367 Level 2: 20408 Level 3: 20447 Level 4: 20478 Adult/Teen: 20351

Wednesdays, 9/18/2024-10/16/2024			
5:00-5:30 PM	5:40-6:10 PM	6:20-6:50 PM	7:00-7:30 PM
Pre-School 1: 20513 Level 1: 20368 Level 2: 20409 Level 3: 20448 Level 4: 20479	Pre-School 1: 20514 Pre-School 2: 20532 Level 1: 20369 Level 2: 20410 Level 6: 20503	Adult-Child: 20341 Pre-School 3: 20543 Level 1: 20370 Level 2: 20411 Level 3: 20449	Level 1: 20371 Level 2: 20412 Level 3: 20450 Level 4: 20480 Adult/Teen: 20352

Thursdays, 9/19/2024-10/17/2024			
5:00-5:30 PM	5:40-6:10 PM	6:20-6:50 PM	7:00-7:30 PM
Pre-School 1: 20515 Level 1: 20372 Level 2: 20413 Level 3: 20451 Level 4: 20481	Pre-School 1: 20516 Pre-School 2: 20533 Level 1: 20373 Level 2: 20414 Level 5: 20497	Adult-Child: 20342 Pre-School 3: 20544 Level 1: 20374 Level 2: 20415 Level 3: 20452	Level 1: 20375 Level 2: 20416 Level 3: 20453 Level 4: 20482 Adult/Teen: 20353

Sundays, 9/15/2024-10/13/2024			
2:00-2:30 PM	2:40-3:10 PM	3:20-3:50 PM	4:00-4:30 PM
PS 1: 20525 Level 1: 20394 Level 2: 20438 Level 3: 20472 Level 4: 20493	PS 1: 20528 PS 2: 20538 Level 1: 20395 Level 2: 20440 Level 5: 20501	Adult-Child: 20347 PS 3: 20550 Level 1: 20396 Level 2: 20439 Level 3: 20471	Level 1: 20393 Level 2: 20437 Level 3: 20466 Level 4: 20491 Adult/Teen: 20358

**TO REGISTER:**

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-  **In-person** at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center
-  **Phone** 319-356-5100 during regular business hours

## SESSION 2: ROBERT A LEE REC CENTER: \$30

### Mondays, 11/4/2024-12/9/2024

5:00-5:30 PM	5:40-6:10 PM	6:20-6:50 PM	7:00-7:30 PM
Pre-School 1: 20517 Level 1: 20376 Level 2: 20417 Level 3: 20454 Level 4: 20483	Pre-School 1: 20518 Pre-School 2: 20534 Level 1: 20377 Level 2: 20418 Level 5: 20498	Adult-Child: 20343 Pre-School 3: 20545 Level 1: 20378 Level 2: 20419 Level 3: 20455	Level 1: 20379 Level 2: 20420 Level 3: 20456 Level 4: 20484 Adult/Teen: 20354

### Tuesdays, 11/5/2024-12/10/2024

5:00-5:30 PM	5:40-6:10 PM	6:20-6:50 PM	7:00-7:30 PM
Pre-School 1: 20519 Level 1: 20380 Level 2: 20421 Level 3: 20457 Level 4: 20485	Pre-School 1: 20520 Pre-School 2: 20535 Level 1: 20381 Level 2: 20422 Level 5: 20499	Adult-Child: 20344 Pre-School 3: 20546 Level 1: 20382 Level 2: 20423 Level 3: 20458	Level 1: 20383 Level 2: 20424 Level 3: 20459 Level 4: 20486 Adult/Teen: 20355

### Wednesdays, 11/6/2024-12/11/2024

5:00-5:30 PM	5:40-6:10 PM	6:20-6:50 PM	7:00-7:30 PM
Pre-School 1: 20522 Level 1: 20384 Level 2: 20425 Level 3: 20460 Level 4: 20487	Pre-School 1: 20521 Pre-School 2: 20536 Level 1: 20385 Level 2: 20426 Level 6: 20504	Adult-Child: 20345 Pre-School 3: 20547 Level 1: 20386 Level 2: 20427 Level 3: 20461	Level 1: 20387 Level 2: 20428 Level 3: 20462 Level 4: 20488 Adult/Teen: 20356

### Thursdays, 11/7/2024-12/12/2024

5:00-5:30 PM	5:40-6:10 PM	6:20-6:50 PM	7:00-7:30 PM
Pre-School 1: 20523 Level 1: 20388 Level 2: 20429 Level 3: 20463 Level 4: 20489	Pre-School 1: 20524 Pre-School 2: 20537 Level 1: 20389 Level 2: 20430 Level 5: 20500	Adult-Child: 20346 Pre-School 3: 20548 Level 1: 20390 Level 2: 20431 Level 3: 20464	Level 1: 20391 Level 2: 20432 Level 3: 20465 Level 4: 20490 Adult/Teen: 20357

### Sundays, 11/3/2024-12/8/2024

2:00-2:30 PM	2:40-3:10 PM	3:20-3:50 PM	4:00-4:30 PM
Pre-School 1: 20526 Level 1: 20398 Level 2: 20434 Level 3: 20467 Level 4: 20492	Pre-School 1: 20527 Pre-School 2: 20539 Level 1: 20399 Level 2: 20435 Level 5: 20502	Adult-Child: 20348 Pre-School 3: 20549 Level 1: 20397 Level 2: 20436 Level 3: 20470	Level 1: 20392 Level 2: 20433 Level 3: 20469 Level 4: 20474 Level 6: 20505

## WATER AEROBICS – INTENSITY: LOW TO MODERATE

Focusing on balance, flexibility, and overall body fitness using a variety of deep-water exercises designed to strengthen your core muscles and enhance cardiovascular endurance. Classes start with a warm up and stretching exercises before engaging in more strenuous exercises.

## BOOTCAMP – INTENSITY: MODERATE TO HIGH

An intensive fitness class using a variety of exercises, equipment, and the water's natural resistance to increase flexibility, strength, cardio, and core fitness. A portion of this class takes place on deck.

## ARTHRITIS FOUNDATION – INTENSITY: LOW TO MODERATE

Classes include a wide array of movements designed to increase range of motion and muscle strength while reducing fatigue and stiffness. Classes build in intensity from gentle to moderate to increase function and confidence in participants state of wellbeing. Participants do not need to know how to swim to participate in AFAP.

## GENTLE WATER FITNESS – INTENSITY: LOW TO MODERATE

Focusing on balance, flexibility, and overall body fitness using a variety of water exercises designed to strengthen your core muscles and enhance cardiovascular endurance. Classes start with a warmup and stretching exercises before engaging in more strenuous exercises.

Sept	Oct	Nov	Dec	Title	Instructor	Day	Time	Location
20705	20704	20703	20702	Water Aerobics	Jen	M	8:00-8:45 AM	Robert A. Lee Rec Center
20739	20737	20736	20734	Arthritis Foundation	Rita	M	11:00-12:00 PM	Mercer Park Aquatic Center
20767	20766	20765	X	Deep Water	Helen	M	5:15-6:15 PM	Robert A. Lee Rec Center
20731	20730	20729	20728	Gentle Exercise	Deanne	Tu	9:00-10:00 AM	Mercer Park Aquatic Center
20757	20747	20746	20745	Arthritis Foundation	Becky	Tu	12:30-1:15 PM	Mercer Park Aquatic Center
20756	20754	20753	20752	Aqua Bootcamp	Becky	Tu	1:15-2:00 PM	Mercer Park Aquatic Center
20710	20709	20708	20707	Water Aerobics	Jen	W	8:00-8:45 AM	Robert A. Lee Rec Center
20726	20725	20724	20723	Gentle Exercise	Deanne	Th	9:00-10:00 AM	Mercer Park Aquatic Center
20758	20744	20743	20742	Arthritis Foundation	Becky	Th	12:30-1:15 PM	Mercer Park Aquatic Center
20755	20751	20750	20749	Aqua Bootcamp	Becky	Th	1:15-2:00 PM	Mercer Park Aquatic Center
20715	20716	20714	20713	Water Aerobics	Jen	F	8:00-8:45 AM	Robert A. Lee Rec Center
20740	20738	20735	20733	Arthritis Foundation	Rita	F	11:00-12:00 PM	Mercer Park Aquatic Center
20763	20762	20761	20760	Deep Water	Helen	F	5:15-6:15 PM	Robert A. Lee Rec Center
20721	20720	20719	20718	Gentle Deep Water	Deanne	Sa	9:00-10:00 AM	Robert A. Lee Rec Center

### TO REGISTER:



Online at [icgov.org/ActivityRegistration](http://icgov.org/ActivityRegistration)



In-person at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center



Phone 319-356-5100 during regular business hours





## POOL PARTIES AT ROBERT A LEE REC CENTER

Private pool parties are offered on Saturday afternoons for up to 24 guests, spanning two hours. Alongside exclusive pool access, groups can utilize a meeting room for added convenience and enjoyment. **Cost is \$135. Sign up online or by calling Iowa City Parks and Recreation.**

## RED CROSS CERTIFICATIONS

Achieve Red Cross certification as a lifeguard, lifeguard instructor, or swim instructor through comprehensive training programs.

#	Title	Day	Date	Time	Ages	Location	Fee
20769	Blended Lifeguard Training	F Sa Su	9/13/2024-9/15/2024	Varies	15+	Mercer Park Aquatic Center	\$170.00
20770	Blended Lifeguard Training	F Sa Su	10/18/2024-10/20/2024	Varies	15+	Mercer Park Aquatic Center	\$170.00
20771	Blended Lifeguard Training	F Sa Su	11/15/2024-11/17/2024	Varies	15+	Mercer Park Aquatic Center	\$170.00
20774	Lifeguard Instructor Course	F Sa Su	10/11/2024-10/13/2024	Varies	17+	Mercer Park Aquatic Center	\$215.00
20775	Lifeguard Instructor/Trainer Update	Sa	11/2/2024-11/2/2024	8:00-4:00 PM	17+	Mercer Park Aquatic Center	\$100.00
20773	Water Safety Instructor Course	F Sa Su	9/6/2024-9/8/2024	Varies	16+	Mercer Park Aquatic Center	\$170.00

## FAMILY GAME NIGHT POOL PARTY

We will have in-water and on-deck games, activities, and crafts as well as music, snacks, and giveaways. Don't miss this Family Game Night Pool Party.

#	Title	Day	Date	Time	Ages	Location	Fee
20697	Family Game Night Pool Party	Sa	11/9/24	3:30-5:30 PM	2-12	Robert A Lee Rec Center	\$5.00

## FLOATING PUMPKIN PATCH

Swimmers will jump in and grab their pumpkin (one per person) and swim around with it. All participants will leave with a baggie of stickers and decorations to decorate their pumpkin at home!

#	Title	Day	Date	Time	Ages	Location	Fee
20695	Floating Pumpkin Patch	Sa	10/26/24	10:00-11 AM	2-12	Robert A Lee Rec Center	\$10.00
20696	Floating Pumpkin Patch	Sa	10/26/24	11:30-12:30 PM	2-12	Robert A Lee Rec Center	\$10.00




## BEACH BALL DROP

Join us for our take on New Year's Eve with a pool party from 11:30a-12:30p and a pool-tastic beach ball drop once the clock strikes noon!

#	Title	Day	Date	Time	Ages	Location	Fee
20698	Beach Ball Drop	Tu	12/31/24	11:30-12:30 PM	2-12	Robert A Lee Rec Center	\$5.00



**TO REGISTER:**

-  **Online** at [icgov.org/ActivityRegistration](https://icgov.org/ActivityRegistration)
-  **In-person** at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center
-  **Phone** 319-356-5100 during regular business hours

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## ARTS AND CRAFTS

Arts and Crafts provide many benefits for everyone. Use creativity to express yourselves and practice fine and gross motor skills, while exploring a variety of mediums and socializing with your friends!

#	Title	Day	Date	Time	Ages	Location	Fee
20274	Create a Greeting Card	F	9/13/2024	5:30-7:30 PM	17+	Ned Ashton House	\$10.00
20275	Pottery 4 All	Sa	9/14/2024 & 9/21/2024	1:00-2:30 PM	17+	Robert A. Lee Rec Center	\$20.00
20278	Fall Home Decorations	Tu	9/24/2024-10/15/2024	5:00-6:30 PM	17+	Robert A. Lee Rec Center	\$20.00
20279	Crafty Business	Tu	9/24/2024-12/3/2024	6:45-8:15 PM	17+	Robert A. Lee Rec Center	\$40.00
20291	Fall Flower Arrangements	M	11/4/2024	7:30-8:30 PM	17+	Ned Ashton House	\$20.00
20293	Simple Sewing	Tu	11/12/2024-12/3/2024	5:00-6:30 PM	17+	Robert A. Lee Rec Center	\$20.00
20308	Holiday Wreath Making	Th	12/5/2024	5:00-6:30 PM	17+	Ned Ashton House	\$15.00

## COOKING & BAKING

Learning to cook is a great pathway to independence! Explore new foods and learn to make old favorites, while practicing kitchen safety, learning to make healthy choices, and learning how to follow a recipe.

#	Title	Day	Date	Time	Ages	Location	Fee
20272	Kids Chef	W	9/11/2024-10/2/2024	5:00-6:30 PM	6-16	Ned Ashton House	\$30.00
20273	Passport Pantry-Germany	W	9/11/2024	6:45-8:15 PM	17+	Ned Ashton House	\$10.00
20280	Midwest Meals	W	9/18/2024-10/9/2024	6:45-8:15 PM	17+	Ned Ashton House	\$30.00
20283	Tricky Treats and Snacks	W	10/9/2024-10/30/2024	5:00-6:30 PM	6-16	Ned Ashton House	\$20.00
20284	Passport Pantry-Indian	W	10/16/2024	6:45-8:15 PM	17+	Ned Ashton House	\$10.00
20289	Healthy on a Budget	W	10/23/2024	6:45-8:15 PM	17+	Ned Ashton House	No Fee
20290	Soups, Stews, and Chilies	W	10/30/2024-11/20/2024	6:45-8:15 PM	17+	Ned Ashton House	\$30.00
20292	Cake Pops	W	11/6/2024	5:00-6:30 PM	6-16	Ned Ashton House	\$10.00
20295	Passport Pantry - Italy	W	11/13/2024	5:00-6:30 PM	17+	Ned Ashton House	\$10.00
20299	Always Room for Pie!	W	11/20/2024	5:00-6:30 PM	6-16	Ned Ashton House	\$10.00
20306	Jingle Bell Baking	W	12/4/2024	5:00-6:30 PM	6-16	Ned Ashton House	\$10.00
20307	Seasonal Sweets	W	12/4/2024	6:45-8:15 PM	17+	Ned Ashton House	\$10.00

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## DISABILITY SWIMABILITY

These are 1:1 lessons for individuals with disabilities. They are designed to meet the swimmer where they are at and focus on personal goals and adapt to personal needs. Individuals must have a diagnosis to be enrolled.

#	Title	Day	Date	Time	Ages	Location	Fee
20324	Disability Swimability	Su	9/15/2024-10/13/2024	11:00-11:30 AM	5+	Robert A. Lee Rec Center	\$75.00
20325	Disability Swimability	Su	9/15/2024-10/13/2024	11:40 AM-12:10 PM	5+	Robert A. Lee Rec Center	\$75.00
20326	Disability Swimability	Su	9/15/2024-10/13/2024	12:20-12:50 PM	5+	Robert A. Lee Rec Center	\$75.00
20327	Disability Swimability	Su	9/15/2024-10/13/2024	1:00-1:30 PM	5+	Robert A. Lee Rec Center	\$75.00
20329	Disability Swimability	Su	11/3/2024-12/8/2024	11:00-11:30 AM	5+	Robert A. Lee Rec Center	\$75.00
20330	Disability Swimability	Su	11/3/2024-12/8/2024	11:40 AM-12:10 PM	5+	Robert A. Lee Rec Center	\$75.00
20331	Disability Swimability	Su	11/3/2024-12/8/2024	12:20-12:50 PM	5+	Robert A. Lee Rec Center	\$75.00
20328	Disability Swimability	Su	11/3/2024-12/8/2024	1:00-1:30 PM	5+	Robert A. Lee Rec Center	\$75.00

## SPECIAL EVENTS

Celebrate, Gather, and Dance. There is always a reason for something a little special. The Special Events are one time events that may not ever happen again, so enjoy the events before they are gone!

#	Title	Day	Date	Time	Ages	Location	Fee
20271	Ashton House Warming	M	9/9/2024	5:30-7:30 PM	ALL	Ned Ashton House	No Fee
20332	Adapt the Vote!	Tu	9/17/2024	5:00-6:30 PM	18+	Terry Trueblood Rec Area	No Fee
20281	AIR Homecoming Dance	F	9/27/2024	6:00-7:30 PM	17+	Robert A. Lee Rec Center	\$6.00
20282	Sensory "Scare" Fair	Sa	10/5/2024	1:00-3:30 PM	6-22	Ned Ashton House	No Fee
20285	Boo Bash Dance	Sa	10/19/2024	6:00-7:30 PM	17+	Robert A. Lee Rec Center	\$6.00
20296	Floating Through Fall Dance	F	11/8/2024	6:00-7:30 PM	17+	Robert A. Lee Rec Center	\$6.00
20302	UI Day of Play	Sa	11/16/2024	9:00 AM-1:00 PM	5+	Mercer Park Aquatic Center	No Fee
20301	PJ's and Pancakes Movie Night	F	11/22/2024	5:00-8:00 PM	6-16	Robert A. Lee Rec Center	\$6.00
20310	The Snow Ball Dance	F	12/6/2024	6:00-7:30 PM	17+	Robert A. Lee Rec Center	\$6.00
20309	Jingle Mingle	Sa	12/7/2024	2:00-4:30 PM	17+	Ned Ashton House	\$12.00

## ADAPTIVE & INCLUSIVE RECREATION

## LIFE SKILLS

Try new activities or revisit old favorites, with our life skills programs. Play games, watch movies, or learn something new. We are always having fun and making new friends in our life skills program!


#	Title	Day	Date	Time	Ages	Location	Fee
20270	Homemade Pizza and Movie Night	F	9/6/2024	5:00-8:00 PM	17+	Ned Ashton House	\$6.00
20263	Karaoke #1	M	9/16/2024	7:30-8:30 PM	17+	Ned Ashton House	No Fee
20260	BINGO - #1	M	9/23/2024	7:30-8:30 PM	17+	Ned Ashton House	No Fee
20261	Card Night	M	9/30/2024	7:30-8:30 PM	17+	Ned Ashton House	No Fee
20262	Trivia Night	M	10/7/2024	7:30-8:30 PM	17+	Ned Ashton House	No Fee
20286	Brick Building Buddies	M	10/21/2024-11/11/2024	5:00-6:00 PM	6-16	Ned Ashton House	\$8.00
20288	Ukulele for Beginners	M	10/21/2024-11/18/2024	7:30-8:30 PM	17+	Ned Ashton House	\$10.00
20294	Pumpkin Spice Movie Night	F	11/1/2024	5:00-8:00 PM	17+	Robert A. Lee Rec Center	\$6.00
20300	Healthy Horizons	Th	11/21/2024	5:30-7:00 PM	17+	Ned Ashton House	No Fee
20303	BINGO #2	M	11/25/2024	5:00-6:00 PM	17+	Mercer Park Aquatic Center	No Fee
20304	Board Game Night	M	11/25/2024	6:15-7:15 PM	17+	Mercer Park Aquatic Center	No Fee
20298	Karaoke #2	M	11/25/2024	7:30-8:30 PM	17+	Mercer Park Aquatic Center	No Fee
20305	Movie and a Mug	M	12/2/2024	5:00-8:00 PM	10+	Ned Ashton House	\$6.00
20337	Holiday Traditions Around the World	Th	12/5/2024	6:45-8:15 PM	17+	Ned Ashton House	\$8.00



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## SENSORY SERIES

The Sensory Series is for our neurodivergent friends that need extra considerations to their environment. All programs are designed for the sensory needs of the participants. There is no cost and space is limited.

#	Title	Day	Date	Time	Ages	Location	Fee
20313	Sensory Saturday - Art	Sa	9/7/2024	4:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee
20316	Sensory Saturday - Swim	Sa	9/14/2024	3:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee
20319	Sensory Saturday - Steam	Sa	9/21/2024	4:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee
20322	Sensory Saturday - Sports	Sa	9/28/2024	4:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee
20314	Sensory Saturday - Art	Sa	10/19/2024	4:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee
20317	Sensory Swim Floating Pumpkin	Sa	10/26/2024	1:00-3:00 PM	6-16	Robert A. Lee Rec Center	No Fee
20320	Sensory Saturday - Steam	Sa	11/2/2024	4:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee
20323	Sensory Saturday - Sports	Sa	11/9/2024	4:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee
20318	Sensory Saturday - Swim	Sa	11/23/2024	3:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee
20315	Sensory Saturday - Art	Sa	11/30/2024	4:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee
20321	Sensory Saturday - Steam	Sa	12/7/2024	4:30-5:30 PM	6-16	Robert A. Lee Rec Center	No Fee



## ADAPTIVE & INCLUSIVE RECREATION

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## FITNESS

Fitness is important for everyone! Try our NEW Can Play sports, learn basic rules of the game while practicing sportsmanship and building skills. If sports aren't your thing, try our NEW and IMPROVED yoga program!

#	Title	Day	Date	Time	Ages	Location	Fee
20264	Can Play -Soccer	Th	9/5/2024-9/26/2024	4:30-5:30 PM	5-16	Robert A. Lee Rec Center	No Fee
20267	AIR Goalball	Th	9/5/2024-9/26/2024	5:45-6:45 PM	12+	Robert A. Lee Rec Center	\$8.00
20268	AIR Soccer	Th	9/5/2024-9/26/2024	7:00-8:00 PM	17+	Robert A. Lee Rec Center	No Fee
20276	Walking Club	M	9/16/2024-10/7/2024	5:00-6:00 PM	17+	Ned Ashton House	No Fee
20277	AIR Yoga	M	9/16/2024-10/7/2024	6:15-7:15 PM	17+	Ned Ashton House	\$8.00
20265	Can Play -Floor Hockey	Th	10/17/2024-11/7/2024	4:30-5:30 PM	5-16	Robert A. Lee Rec Center	No Fee
20266	AIR Pickleball	Th	10/17/2024-11/7/2024	5:45-6:45 PM	12+	Robert A. Lee Rec Center	\$8.00
20269	AIR Floor Hockey	Th	10/17/2024-11/7/2024	7:00-8:00 PM	17+	Robert A. Lee Rec Center	No Fee
20287	AIR Yoga	M	10/21/2024-11/11/2024	6:15-7:15 PM	17+	Ned Ashton House	\$8.00



### GET READY TO PLAY!


Iowa City Parks and Recreation is thrilled to team up with Can Play! With the Can Play curriculum we will bring adaptive sports to youth with disabilities in our community. Programs are designed to meet individuals where they are, with many adaptations to encourage success and participation.



#### TO REGISTER:

 Online at [icgov.org/ActivityRegistration](https://icgov.org/ActivityRegistration)

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## INCLUSION SERVICES

Inclusion services are offered at no additional cost. Inclusion supports come in the form of one or more of the following: program observation, staff training, program modification, modified equipment, and/or an inclusion companion. If you or someone you know require modifications or assistance to participate in recreational programs or City services, please notify us at registration and contact Malory Smysor, Recreation Supervisor for Adaptive & Inclusive Rec, at 319-356-5100  
MSmysor@Iowa-City.org.





## CLASES OFRECIDAS EN ESPAÑOL

El Departamento de Parques y Recreación de Iowa City se enorgullece de ofrecer un programa de arcilla al aire para jóvenes de nuestra comunidad hispanohablante. Este programa será impartido en español, permitiendo a los niños socializar y ser creativos. La clase enseñará habilidades básicas de trabajo con arcilla y dará a los estudiantes la oportunidad de crear esculturas, cerámica o cualquier cosa creativa. Estas clases están diseñadas para que nuestra comunidad hispanohablante disfrute de los programas y servicios que ofrece el Departamento de Parques y Recreación de Iowa City.

## ARCHERY

This program covers the basics of archery, including equipment, safety, range commands, and shooting technique. Classes will then consist mainly of shooting practice once participants are comfortable with the basics.

#	Title	Day	Date	Time	Ages	Location	Fee
20634	Youth Archery	M	9/9/2024-9/30/2024	4:40-5:10 PM	8-12	Napoleon Park	\$26.00
20635	Youth Archery	M	9/9/2024-9/30/2024	5:20-5:50 PM	8-12	Napoleon Park	\$26.00

## ART FOR PRESCHOOLERS

Explore art using a variety of materials and techniques in a nurturing environment, fostering creativity and skill development. This supportive setting encourages young artists to express themselves and grow their artistic talents.

#	Title	Day	Date	Time	Ages	Location	Fee
20595	Puff Paint Pumpkins	Tu	10/8/2024	10:00-11:00 AM	3-4	Robert A. Lee Rec Center	\$10.00
20596	Mosaic Art with Air Dry Clay	Tu	11/5/2024	10:00-11:00 AM	3-4	Robert A. Lee Rec Center	\$10.00
20597	Ornament Making	Tu	12/3/2024	10:00-11:00 AM	3-4	Robert A. Lee Rec Center	\$10.00

## ART FOR KIDS


In these art classes, children explore various techniques and materials to make beautiful artistic and unique creations. These fun and educational experiences help them express creativity, while developing essential artistic skills.

#	Title	Day	Date	Time	Ages	Location	Fee
20589	Symmetry in Art	Sa	9/21/2024-9/28/2024	10:00-11:30 AM	5-8	Robert A. Lee Rec Center	\$30.00
20590	Bracelets, Bracelets!	Sa	10/5/2024-10/12/2024	2:30-4:00 PM	5-8	Robert A. Lee Rec Center	\$30.00
20591	Kids Klay	Sa	11/9/2024-11/16/2024	10-11:30 AM	5-8	Robert A. Lee Rec Center	\$30.00

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## JUNIOR ART EXPLORERS

Join the Junior Art Explorers, where budding artists embark on artistic adventures! Youth will explore various mediums and techniques in a supportive, collaborative environment, developing their skills and expressing their unique artistic visions.

#	Title	Day	Date	Time	Ages	Location	Fee
20592	Wire Sculpting	Sa	9/21/2024-9/28/2024	2:30-4:00 PM	9-14	Robert A. Lee Rec Center	\$30.00
20593	Experimental Painting	Sa	10/19/2024-10/26/2024	2:30-4:00 PM	9-14	Robert A. Lee Rec Center	\$30.00
20594	Clay Creations	Sa	11/23/2024-11/30/2024	10-11:30 AM	9-14	Robert A. Lee Rec Center	\$30.00

## FAMILY ART

An art opportunity designed for the whole family! Make lasting memories together by creating a different work of art each month. Price is per child. Parents/caregivers do not pay.

#	Title	Day	Date	Time	Ages	Location	Fee
20585	Tree Weaving	Su	9/15/2024	2:00-4:00 PM	3-17	Robert A. Lee Rec Center	\$15.00
20586	Pumpkin Mosaic	Su	10/20/2024	2:00-4:00 PM	3-17	Robert A. Lee Rec Center	\$15.00
20587	Tape Resist Watercolor Painting	Su	11/10/2024	2:00-4:00 PM	3-17	Robert A. Lee Rec Center	\$15.00
20588	Printmaking	Su	12/8/2024	2:00-4:00 PM	3-17	Robert A. Lee Rec Center	\$15.00

## BASKETBALL FOR BEGINNERS

Beginning basketball allows players a better opportunity to learn and develop the basic skills of basketball. Basketball size and hoop height will be modified according to age.

#	Title	Day	Date	Time	Ages	Location	Fee
20654	Preschool Basketball	W	11/6/2024-12/18/2024	5:00-5:40 PM	Pre K	Robert A Lee Rec Center	\$25.00
20653	Kindergarten Basketball	W	11/6/2024-12/18/2024	6:00-6:50 PM	K	Robert A Lee Rec Center	\$32.00



### HOST A PLAY PARTY

Host your party at Iowa City Parks and Recreation! Enjoy 2-hour play parties at our facilities for groups up to 24 kids. Kids will have 70 minutes in the play area with inflatables and other play equipment. **Contact us today to enroll in a play party package and make unforgettable memories!**

## YOUTH RECREATION

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## BASKETBALL (3 ON 3)

In 3-on-3, players will be able to handle and shoot the ball more in a less congested area. This is a parent-coached program. Basketball size, hoop height, and game rules will be modified according to age. Register for practice on a convenient day and time. Games are on Thursdays.

#	Title	Day	Date	Time	Grades	Location	Fee
20638	Single A Boys Basketball	M Th	11/4/2024-12/19/2024	5:00-5:50 PM	1st-2nd	Robert A Lee Rec Center	\$45.00
20639	Single A Boys Basketball	Tu Th	11/5/2024-12/19/2024	5:00-5:50 PM	1st-2nd	Mercer Park Aquatic Center	\$45.00
20640	Single A Boys Basketball	W Th	11/6/2024-12/19/2024	5:00-5:50 PM	1st-2nd	Robert A Lee Rec Center	\$45.00
20641	Single A Boys Basketball	W Th	11/6/2024-12/19/2024	7:00-7:50 PM	1st-2nd	Robert A Lee Rec Center	\$45.00
20642	Single A Girls Basketball	M Th	11/4/2024-12/19/2024	5:00-5:50 PM	1st-2nd	Robert A Lee Rec Center	\$45.00
20643	Single A Girls Basketball	Tu Th	11/5/2024-12/19/2024	5:00-5:50 PM	1st-2nd	Mercer Park Aquatic Center	\$45.00
20644	Double A Boys Basketball	M Th	11/4/2024-12/19/2024	6:00-6:50 PM	3rd-4th	Robert A Lee Rec Center	\$45.00
20645	Double A Boys Basketball	Tu Th	11/5/2024-12/19/2024	6:00-6:50 PM	3rd-4th	Mercer Park Aquatic Center	\$45.00
20646	Double A Boys Basketball	W Th	11/6/2024-12/19/2024	7:00-7:50 PM	3rd-4th	Robert A Lee Rec Center	\$45.00
20647	Double A Girls Basketball	M Th	11/4/2024-12/19/2024	6:00-6:50 PM	3rd-4th	Robert A Lee Rec Center	\$45.00
20648	Double A Girls Basketball	Tu Th	11/5/2024-12/19/2024	6:00-6:50 PM	3rd-4th	Mercer Park Aquatic Center	\$45.00
20649	Triple A Boys Basketball	M Th	11/4/2024-12/19/2024	7:00-7:50 PM	5th-6th	Robert A Lee Rec Center	\$45.00
20650	Triple A Boys Basketball	Tu Th	11/5/2024-12/19/2024	7:00-7:45 PM	5th-6th	Mercer Park Aquatic Center	\$45.00
20651	Triple A Girls Basketball	M Th	11/4/2024-12/19/2024	7:00-7:50 PM	5th-6th	Robert A Lee Rec Center	\$45.00
20652	Triple A Girls Basketball	Tu Th	11/5/2024-12/19/2024	7:00-7:50 PM	5th-6th	Mercer Park Aquatic Center	\$45.00



### GARDEN WAGON

Check out the Discovery Garden Wagon and uncover the magic of plants, insects, and soil. Delight in the many hands-on sensory experiences suitable for ages 3-8. **Contact Joyce Carroll at [joycec@iowa-city.org](mailto:joycec@iowa-city.org) or 319-356-5223 for details. Check out the wagon at the Customer Service desk, Robert A. Lee Rec Center.**

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## CREEK STOMPING

Experience a nature walk in a new way. Explore the creek ecosystem and learn ways to help protect our waterways. Search for animal prints, build dams, and look for aquatic life in these fun stomps.

#	Title	Day	Date	Time	Ages	Location	Fee
20582	Creek Stomp	Sa	9/14/2024	2:00-3:00 PM	5-12	South Hickory Hill	\$15.00
20583	Creek Stomp	Sa	10/12/2024	2:00-3:00 PM	5-12	McPherson Park	\$15.00
20584	Creek Stomp	Sa	11/2/2024	2:00-3:00 PM	5-12	Willow Creek	\$15.00

## FISHING

Ever want to take the kids fishing but don't want to hassle with untangling the fishing poles, getting out all the equipment, or buying the bait? The Iowa City Parks and Recreation is hosting try-it fishing nights at Lower City Park.

#	Title	Day	Date	Time	Ages	Location	Fee
20662	Try Fishing	W	9/4/2024	5:00-6:30 PM	5-15	City Park	\$3.00
20663	Try Fishing	W	9/11/2024	5:00-6:30 PM	5-15	City Park	\$3.00
20664	Try Fishing	W	9/18/2024	5:00-6:30 PM	5-15	City Park	\$3.00
20665	Try Fishing	W	9/25/2024	5:00-6:30 PM	5-15	City Park	\$3.00

## NATURE CRAFTS

Engage kids of all ages with creative activities that blend nature and art. Craft practical and purposeful projects. Unlock creativity while connecting with the natural world through these fun and educational crafts.

#	Title	Day	Date	Time	Ages	Location	Fee
20575	Sun Prints	Th	9/19/2024	2:30-4:00 PM	5-12	Robert A. Lee Rec Center	\$15.00
20576	Leaf Trays	Th	10/17/2024	2:30-4:00 PM	5-12	Robert A. Lee Rec Center	\$15.00
20577	DIY Nature Journal	Th	11/21/2024	2:30-4:00 PM	5-12	Robert A. Lee Rec Center	\$15.00
20578	Flower Pressing	Th	11/21/2024	4:15-5:45 PM	12+	Robert A. Lee Rec Center	\$20.00

## DANCING

This is a beginner class that will teach the fundamentals of dancing. Students will work on basic progressions. Students must be able to work and practice independently of parents.

#	Title	Day	Date	Time	Ages	Location	Fee
20839	Halloween Dancing	Sa	9/48/2024-10/26/2024	12:00-1:30 PM	7-12	Robert A. Lee Rec Center	\$46.00
20840	Winter Dancing	Sa	11/2/2024-12/14/2024	12:00-1:30 PM	7-12	Robert A. Lee Rec Center	\$46.00

## YOUTH RECREATION

FALL 2024 ACTIVITY GUIDE  
IOWA CITY PARKS AND RECREATION  
ICGOV.ORG/RECREATION



## DISCOVERY GARDEN

The Children's Discovery Garden, at the Robert A. Lee Recreation Center, provides a refreshing slice of greenery and nature to the downtown area. As a certified Nature Explore classroom, it offers activities to engage young people and families as they explore the garden. The garden is open to the public and visitors can also enjoy complimentary produce during the growing season.

## NATURE EDUCATION

The Project Wild Curriculum, by the Association of Fish and Wildlife Agencies, helps children develop science, math, and social skills while fostering a love for nature. This approach encourages holistic learning and environmental appreciation.

#	Title	Day	Date	Time	Ages	Location	Fee
20569	Outstanding Owls	W	9/11/2024	10:00-11:00 AM	3-5	Robert A. Lee Rec Center	\$10.00
20570	Insect Inspection	F	9/20/2024	4:00-5:00 PM	5-12	Robert A. Lee Rec Center	\$10.00
20571	Wiggling Worms	W	10/9/2024	10:00-11:00 AM	3-5	Robert A. Lee Rec Center	\$10.00
20572	Color Crazy	F	10/25/2024	4:00-5:00 PM	5-12	Robert A. Lee Rec Center	\$10.00
20573	Bird Beak Buffet	W	11/13/2024	10:00-11:00 AM	3-5	Robert A. Lee Rec Center	\$10.00
20574	First Impressions	F	11/22/2024	4:00-5:00 PM	5-12	Robert A. Lee Rec Center	\$10.00

## NATURE EDUCATION FOR FAMILIES

Explore nature's magic through casual activities that boost knowledge, develop skills, and feed your curiosity. Only children enroll, at least one parent or guardian is required to attend but does not pay.

#	Title	Day	Date	Time	Ages	Location	Fee
20579	Night Hike	F	10/25/2024	8:00-9:00 PM	10+	South Hickory Hill	\$15.00
20580	Family Fall Scavenger Hunt	Sa	11/9/2024	1:00-2:00 PM	3+	North Hickory Hill	\$15.00
20581	Space Viewing	F	11/22/2024	7:00-8:00 PM	8+	Waterworks Park	\$15.00

## ROLLER-SKATING


Build your confidence! Learn how to roller skate! Instructors will teach the basics of skating; how to stand on skates, take strides, and safely fall. Try out your new found skills at Free Saturday Skate.

#	Title	Day	Date	Time	Ages	Location	Fee
20606	Beginning Skating	Sa	10/12/2024-10/19/2024	2:00-3:00 PM	5+	Robert A. Lee Rec Center	\$20.00
20607	Beginning Skating	Sa	11/2/2024-11/9/2024	2:00-3:00 PM	5+	Robert A. Lee Rec Center	\$20.00

### TO REGISTER:

 Online at [icgov.org/ActivityRegistration](https://icgov.org/ActivityRegistration)

 In-person at Mercer Park Aquatic Center & Scanlon Gym or Robert A. Lee Recreation Center

 Phone 319-356-5100 during regular business hours

## STEAM

Take part in hands-on activities that promote collaboration, inquiry, dialogue and critical thinking. Engage in fun and interactive learning environments where these skills are actively cultivated, encouraging deeper exploration and understanding.

#	Title	Day	Date	Time	Ages	Location	Fee
20598	Eggsperiment	Sa	9/14/2024	10:00-11:30 AM	5-12	Robert A. Lee Rec Center	\$15.00
20599	A Drone Event	Sa	9/28/2024	2:00-3:30 PM	8-14	Robert A. Lee Rec Center	\$15.00
20600	A Science Experiment	Fr	10/11/2024	5:00-6:30 PM	5-12	Robert A. Lee Rec Center	\$15.00
20601	Sphero Indi Car Robotics	Sa	10/19/2024	10:00-11:30 AM	4-12	Robert A. Lee Rec Center	\$15.00
20602	Hummingbird Robotics	Su	11/10/2024	2:00-3:30 PM	8-14	Robert A. Lee Rec Center	\$15.00
20603	Makey Makey Music Makers	Su	11/17/2024	2:00-3:30 PM	5-12	Robert A. Lee Rec Center	\$15.00
20604	BeeBots	W	11/27/2024	10:00-12:00 PM	3-6	Robert A. Lee Rec Center	\$15.00
20605	Super Build	Su	12/8/2024	2:00-3:30 PM	5-12	Robert A. Lee Rec Center	\$15.00

## SOCCER

Participants will learn ball handling, defense, and shooting on goal. This is a parent-coached program. Register for practice on a convenient day and time. Games are on Thursdays.

#	Title	Day	Date	Time	Ages	Location	Fee
20657	Minor Soccer	M Th	9/9/2024-10/10/2024	5:10-5:55 PM	4-5	Mercer Park	\$38.00
20658	Minor Soccer	Tu Th	9/10/2024-10/10/2024	5:10-5:55 PM	4-5	Mercer Park	\$38.00
20659	Major Soccer	M Th	9/9/2024-10/10/2024	6:00-6:45 PM	5-6	Mercer Park	\$38.00
20660	Major Soccer	Tu Th	9/10/2024-10/10/2024	6:00-6:45 PM	5-6	Mercer Park	\$38.00

## VOLLEYBALL

Pass, Set, Hit! Participants will learn the basic fundamentals of volleyball such as serving, setting, and passing in a fun and positive environment.

#	Title	Day	Date	Time	Ages	Location	Fee
20667	Minor Volleyball	M	9/30/2024-10/28/2024	5:00-5:40 PM	2nd-3rd	Robert A Lee Rec Center	\$25.00
20668	Minor Volleyball	W	10/2/2024-10/30/2024	5:00-5:40 PM	2nd-3rd	Robert A Lee Rec Center	\$25.00
20669	Major Volleyball	M W	9/30/2024-10/30/2024	5:45-6:40 PM	4th-6th	Robert A Lee Rec Center	\$45.00

## TAEKWONDO

Program will cover basic blocks, kicks, punches, forms, and self-defense techniques associated with traditional Olympic-style World Taekwondo Federation (WTF) technique.

#	Title	Day	Date	Time	Ages	Location	Fee
20624	Beginners TKD	Tu Th	9/3/2024-9/26/2024	5:00-5:45 PM	6+	Robert A Lee Rec Center	\$36.00
20623	Beginners TKD	Tu Th	10/1/2024-10/31/2024	5:00-5:45 PM	6+	Robert A Lee Rec Center	\$36.00
20622	Beginners TKD	Tu Th	11/5/2024-12/19/2024	5:00-5:45 PM	6+	Robert A Lee Rec Center	\$42.00
20621	Advanced TKD	Tu Th	9/3/2024-9/26/2024	5:50-6:40 PM	7+	Robert A Lee Rec Center	\$36.00
20620	Advanced TKD	Tu Th	10/1/2024-10/31/2024	5:50-6:40 PM	7+	Robert A Lee Rec Center	\$36.00
20619	Advanced TKD	Tu Th	11/5/2024-12/19/2024	5:50-6:40 PM	7+	Robert A Lee Rec Center	\$42.00


## TEENS


#	Title	Day	Date	Time	Ages	Location	Fee
20312	HallowTEEN	Th	10/10/2024	5:00-7:30 PM	10-18	Robert A. Lee Rec Center	No Fee
20311	Quadrobics	Su	11/3/2024	1:00-3:30 PM	10-18	Robert A. Lee Rec Center	\$8.00
20297	Mario Kart Tournament	Sa	11/23/2024	1:00-4:30 PM	6-16	Ned Ashton House	\$10.00



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# SPECIAL EVENTS

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## ADAPT THE VOTE!

Tuesday  
**September 17**  
5:00–6:30 PM

Terry Trueblood  
Recreation Area  
**No fee**

Voting is a fundamental right, but with a disability you may need to approach it differently. At this event, the Johnson County Election office shows us the adaptive equipment they have to assist in voting. Get registered to vote and hear from some speakers on topics to be voted on, so we feel empowered and ready to make a choice in November.

## HISPANIC HERITAGE NIGHT

Friday  
**September 20**  
5:30–7:30 PM

Robert A. Lee  
Rec Center  
**No fee**

Don't worry Mom and Dad, we've got the kids! Drop the kids off with us to take in a movie, games, and activities while the parents have the opportunity to visit free activities and classes focused on education.  
No fee.

## TOT TIME

Monday–Friday  
**Sept. 16–Dec. 20**  
9:30–11:30 AM

Mercer Park Aquatic  
Center  
**\$1 per child**

Tot Time offers weekday morning fun for children (ages 1-7) with activities like trike rides, slide climbing, mini coasters, mat tumbling, and inflatable bouncing. Bring your kids for a morning of exciting adventures and playful exploration!

## MENTAL HEALTH CELEBRATION

Sunday  
**September 22**  
1:00–3:00 PM

Terry Trueblood  
Recreation Area  
**No fee**

Celebrate all things mental health with tools, tips, services, and more! This one day event will provide resources for everyone, whether you are already living with a mental health concern or struggling at the moment, or are looking to keep you heath in mind.  
No fee.

# BIO-BLAST

with Special Guest Star:  
Iowa State University's INSECT ZOO!

Sunday  
**September 22**  
2:00–4:00 PM

Robert A Lee  
Rec Center  
**No fee**

Bio Blast is an exciting family-friendly STEAM event where you can explore the wonders of biology – from botany to bugs! Enjoy hands-on activities and a variety of demonstrations. Whether you're a budding scientist or a nature enthusiast, there's something for everyone. All are welcome. Children must be accompanied by an adult. No registration required.  
No fee.

# FAMILY GAME NIGHT POOL PARTY

Saturday  
**November 9**  
3:30–5:30PM

Robert A Lee  
Rec Center

**\$10 registration fee; registration required**

Join us for a fun-filled family game night... at the pool! We will have in-water and on-deck games, activities, and crafts as well as music, snacks, and giveaways. Don't miss this Family Game Night Pool Party.

# SENSORY SATURDAYS

Robert A. Lee Rec Center

**SENSORY ART** 4:30–5:30 PM

**September 7**  
**September 19**  
**November 30**

**SENSORY SWIM** 3:30–5:30 PM

**September 14**  
**October 26 (1:00-3:00pm)**  
Sensory Friendly Floating Pumpkin Patch!  
**November 23**

**SENSORY STEAM** 4:30–5:30 PM

**September 21**  
**November 2**  
**December 7**

**SENSORY SPORTS** 4:30–5:30 PM

**September 28**  
**November 9**

These programs are designed for our sensory sensitive friends in the community. The programs will provide a variety of experiences while keeping both the environment and the activity sensitive to the needs of the individuals with sensory needs. There is no registration required, but we will only take 20 people into the programs to keep the sensory needs of all in mind. The exception of the 20 people only rule will be at the sensory swim. Swimmers will need to be accompanied and supervised by a parent or adult while in the locker rooms and pool areas.

## SPECIAL EVENTS

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# GET OUTSIDE!

## AN OUTDOOR REC FEST

**Sunday  
September 29**  
10:00 AM–2:00 PM

City Park  
No fee

Get outside and experience the many outdoor recreation, wellness, and adventure opportunities our region has to offer! Attendees will have the chance to try and learn about a wide variety of outdoor activities, while learning from and connecting with local outdoor recreation organizations, clubs, and businesses.  
No fee.

# INDIGENOUS PEOPLES DAY

Monday  
**October 14**  
4:30–7:00 PM

Terry Trueblood  
Recreation Area  
No fee

Indigenous Peoples Day is a day to recognize the indigenous people of our community and beyond, and celebrate the journey they have been through and are still going through each day.

No fee.



# HALLOWEEN

## Sensory “Scare” Fair

Saturday, **October 5**

1:00–3:30 PM, Ned Ashton House

Other fall parties can be overwhelming. The Sensory “Scare” Fair will be just for our friends and their families that have sensor sensitivities and need a safe place to celebrate the Halloween season. The fair will include a sensory sensitive haunted house, sensory games, and more. No candy will be handed out, just sensory toys.  
**No fee.**

## HallowTeen

Thursday, **October 10**

5:00–7:30 PM, Robert A. Lee Rec Center

Halloween event just for teens! Entry is free with a school ID. Enjoy fun games, crafts, activities, and even a Haunted House! Snacks will be provided and there will be costume prizes. Don’t feel like dressing up? No problem, just come as yourself, everyone is welcome here!  
**No fee.**

## Halloween Carnival

Friday, **October 18**

5:30–7:30 PM, Robert A. Lee Rec Center

Ghostly carnival games, inflatables, seasonal crafts, magical STEAM activities, special visitors, and more! Halloween costumes are encouraged but are not required. All children must be accompanied by an adult.  
**No preregistration. No fee.**

## Boo Bash Dance

Saturday, **October 19**

6:00 PM–7:30 PM, Robert A. Lee Rec Center

BOO! What’s a better way to celebrate the season than to dress up and dance the night away at the Boo Bash! Enjoy a night of music and fun with your friends while enjoying light refreshments and snacks. We will have a costume party with prizes for the winners!  
**\$6**

## Halloween at the Market

Saturday, **October 26**

9:00 AM–Noon, Iowa City Farmers Market

All are invited to come in costume and trick-or-treat at the vendor tables. Costume parade at 10 a.m. where kids and parents gather at the north side of the Chauncey Swan Parking Garage. Stick around to decorate a pumpkin to take home! Kids of all ages are welcome.  
**No fee.**

## Floating Pumpkin Patch

Saturday, **October 26**

Sessions 1: 10:00–11:00 AM

Sessions 2: 11:30 AM–12:30 PM

Robert A Lee Rec Center

Join us for our annual Floating Pumpkin Patch at Robert A Lee! Swimmers ages 2–12 are welcome to jump in and grab their pumpkin (one per person) and swim around with it. Swimmers 2–4 will retrieve their pumpkins from the enclosed baby pool area. Swimmers 5–12 can access the main pool. Swimmers will have 1 hour to swim and get a pumpkin. All participants will leave with a baggie of stickers and decorations to decorate their pumpkin at home!  
**\$10**

## Tot Monster Mash

Thursday, **October 31**

9:30–11:30 AM, Mercer Park Aquatic Center

Youth ages 1–6 are invited to put on their Halloween costume and join us at the Monster Mash. Activities include inflatables, carnival games, prizes, stories, crafts and more.  
**No fee.**

## SPECIAL EVENTS

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# ROLLER SKATING

Free roller skating at the Robert A. Lee Recreation Center on Saturdays. All youth 11 and under must be accompanied by an adult 18 years or older who remains in the gym. Groups limited to 5 kids per adult. Facilities pass required to check out skates. Socks are required. Some dates are not available for skating. No skating on October 5th. No fee.

## OPEN SKATE BEGINNER LEVEL

Saturdays  
Sept. 14–Dec. 7  
3:00–5:00 PM

Robert A. Lee  
Rec Center  
**No fee**

## OPEN SKATE ALL AGES AND ABILITIES

DJ on Oct. 12, Nov. 2, and Dec. 7

Saturdays  
Sept. 14–Dec. 7  
5:30–7:30 PM

Robert A. Lee  
Rec Center  
**No fee**

# UI DAY OF PLAY

Saturday  
**November 16**  
9:00 AM–1:00 PM

Mercer Park  
Aquatic Center  
**No fee**

Celebrate a Day of Play brought to you by Iowa City Parks and Recreation and the University of Iowa Therapeutic Recreation Department.

UI Day of Play will offer a wide variety of opportunities to explore adaptive recreation and inclusive play. Spend your day working your way through activity stations learning new games and new ways to play old games. There is no fee or registration required to attend this event.

## WINTER SOLSTICE CELEBRATION

Saturday  
**December 21**  
2:00–5:00 PM

Robert A Lee  
Rec Center  
**No fee**

Celebrate the official first day of winter and shortest day of the year. Explore traditions from around the world and enjoy a cup of hot cider or cocoa while making festive gifts. All are welcome. Children must be accompanied by an adult. No registration required. No fee

# HOLIDAY MARKET

Saturdays  
**November 16 &  
December 14**  
8:00 AM-1:00 PM

Robert A Lee  
Rec Center

Our annual holiday markets provide a wonderful opportunity to purchase thoughtful handmade gifts for your friends and loved ones while supporting local farmers and artisans. Vendors will offer a wide variety of products including homemade, handcrafted, seasonal gifts, and food available for purchase.

There is no entry fee for shoppers, and vendors will be set up in both the 1st floor gymnasium and the second floor social hall of the Robert A. Lee Recreation Center.



## NOON YEAR'S EVE BEACH BALL DROP + POOL PARTY

Tuesday  
**December 31**  
11:30 AM-12:30 PM

Mercer Park  
Aquatic Center  
**\$5 per child**

Party on at our take on New Year's Eve with a pool party from 11:30 AM-12:30 PM and a pool-tastic beach ball drop once the clock strikes noon!



## MARTIN LUTHER KING JR. DAY OF SERVICE

Monday  
**January 20**  
9:00 AM-12:00 PM

Mercer Park  
Aquatic Center  
**No fee**

Save the date for the Martin Luther King Jr. Day of Service.



### SPECIAL EVENTS

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## SEPTEMBER

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- 7 Sensory Art
- 14 Roller Skating begins  
Sensory Swim
- 16 Tot Time begins
- 17 Adapt the Vote!
- 20 Hispanic Heritage Night
- 21 Sensory STEAM
- 22 Bio Blast  
Mental Health Celebration
- 28 Sensory Sports
- 29 Get Outside!

## OCTOBER

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- 5 Sensory "Scare" Fair
- 10 HallowTeen
- 14 Indigenous Peoples Day Celebration
- 18 Halloween Carnival
- 19 Boo Bash Dance  
Sensory Art

## OCTOBER CONT.

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- 26 Floating Pumpkin Patch  
Halloween at the Market  
Sensory Swim
- 31 Tiny tot Monster Mash

## NOVEMBER

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- 2 Sensory STEAM
- 9 Family Game Night Pool Party  
Sensory Sports
- 16 Holiday Market  
UI Day of Play
- 23 Sensory Swim
- 30 Sensory Art

## DECEMBER

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- 7 Sensory STEAM
- 14 Holiday Market
- 21 Winter Solstice Celebration
- 31 Noon Year's Eve

